

University of the Pacific Arthur A. Dugoni School of Dentistry 126th Alumni Association Annual Meeting – 2025 Alumni Weekend Including The 39th Frederick T. West Orthodontics Lectureship and The 2nd Alan H. Gluskin Endodontics Symposium



# Irene Iancu, BSC, RRDH

Saturday, February 1, 2025 – 1.5 CE units

Subject Area: Advanced Perio Tx Planning

**Title:** "Synergy of Therapies in Advance Perio Tx Planning: Integrating Probiotics, Lasers and DNA Testing"

#### **Course Description:**

This course empowers dental hygienists with a practical blueprint for crafting comprehensive treatment plans that incorporate probiotics among other therapies that have become standard of care in our industry like laser therapy, ultrasonic therapy, medicinal interventions, bacterial testing and so forth. Explore probiotics' impact on oral health and their potential to prevent oral diseases. Learn about specific strains' effects, enhancing patient engagement. Integrate probiotics seamlessly into treatment plans, from scaling to advanced technologies. Ethical considerations and evidence-based decisionmaking are highlighted.

#### **Objectives:**

- 1) Understand the Basics of Probiotics.
- 2) Explore Systemic Probiotics and Their Oral Benefits.
- 3) Integrate Probiotics into Dental Hygiene Practices.

Saturday, February 1, 2025 - 1.5 CE units

Title: "The RDH Checklist for Implant Maintenance and Identifying Failure"

## **Course Description:**

Join Irene for a comprehensive lecture designed to provide the checklist you didn't know you needed to bring back to practice with you and spice up your maintenance protocols. This session will furnish you with the knowledge and proficiency required to optimize patient outcomes. We explore identifying implant failures, implications and prevalence of implant failures, and factors that can precipitate complications.

We'll navigate into clinical signs of implant failure, shedding light on the significance of pain, inflammation, and mobility. Real-world case studies will illustrate the array of manifestations of implant complications. Radiographic assessment, pivotal in implant care, will be scrutinized, emphasizing its role in detecting early bone loss and issues.

## **Objectives:**

- 1) Identify Clinical Indicators of Implant Complications.
- 2) Apply Evidence-Based Diagnostic Techniques.

3) Implement Specialized Maintenance Protocols.

#### Short Bio:

Irene lancu is a Canadian RRDH and entrepreneur. With experience in various specialties like Pediatrics, Orthodontics, and Periodontics, she has combined all these elements in her start-up dental practice in Toronto, Toothlife Studio. Through her diverse passions and dental hygiene expertise, she has been able to carve out a unique paths in the field. Apart from being an Independent Dental Hygienist and practice owner, Irene is an international speaker, key opinion leader, host of the Tooth or Dare podcast and creates educational content on all social platforms under the handle @toothlife.irene. Over the years, it has grown into a vibrant community of like-minded clinicians, all eager to learn, share and grow. Irene has served as a Clinical & Theoretical Instructor Instructor at Oxford College. Quality Assurance and Peer Mentor for the College of Dental Hygienists of Ontario and Item Writer for Canadian Nation Dental Hygiene Boards. These positions have allowed her to advance her mission of sharing new industry insight with other professionals. Irene has pursued educational opportunities like Harvard HMX's program offered by Harvard Medical School, which provided valuable knowledge on genetics/immune response

related to oral health issues. She graduated with honours from George Brown College's Restorative Program in 2021 now affording her the opportunity to practice restorative dentistry.

www.toothlifeirene.ca