

HEART DISEASE RESOURCES FOR WOMEN

National Heart, Lung and Blood Institute (NHLBI)

P.O. Box 30105
Bethesda, MD 20824-0105
Phone: (301) 592-8573
Website: www.nhlbi.nih.gov

Additional Heart Health Websites:

- The Heart Truth: A National Awareness Campaign on Women and Heart Disease:
www.nhlbi.nih.gov/health/hearttruth
- The Healthy Heart Handbook for Women:
<http://www.nhlbi.nih.gov/health/hearttruth/material/index.htm>
- Act in time to Heart Attack Signs:
www.nhlbi.nih.gov/actintime
- American Heart Association:
www.americanheart.org
- National Women's Health Information Center, Office on Women's Health, U.S. Dept. of Health and Human Services:
www.4woman.gov
- Women Heart: The National Coalition for Women with Heart Disease:
www.womenheart.org
- Evidence-based Guidelines for Cardiovascular Disease Prevention in Women: 2007 Update in Circulation (Journal of the American Heart Association)
<http://circ.ahajournals.org>

CANCER RESOURCES

American Cancer Society

Phone: 800-227-2345

Website: www.cancer.org

- Cancer Facts for Women
- Cancer Facts for Men
- Cancer Facts and Figures 2010
- Cancer Prevention and Early Detection Facts and Figures

National Cancer Institute

U.S. National Institutes of Health

Website: www.cancer.gov

OSTEOPOROSIS RESOURCES

- National Osteoporosis Foundation – www.nof.org
- International Osteoporosis Foundation – www.osteofound.org
- National Institutes of Health Bone Disease Center – www.osteoporosis.nih.gov
- Doctor's guide: Osteoporosis – www.pslgroup.com/osteoporosis.htm